

Ipfi lavho ndi la ndeme!

Using research to create a healthier nation



Kha vha shelemulenzhe kha survey yashu ya mutakalo wa nashinala wa lushaka, vha ite zwauri na lavho ipfi li pfale

Ri khou toda u divha vhupefiwa havho. Vha tshipida tsha mita i si hgathi vhuponi ha havho, ye rai khetha uri ivhe tshipida tsha HIV and Behaviour Survey ya nashinala idaho. The Human Sciences Research Council (HSRC) i khou do fara heino survey, i khou pemvelela miñwaha ya 20 ya u shelamulenzhe kha milayo I langaho mutakalo Afurika Tshipembe. Ndivho khulwane ya heino survey ndi ya u kuvhanganya maffungo na zwidodombedzwa zwine zwa do thusa u fhata vhupo ha khwine vhure na mutakalo. Heino survey ndi vhudithaubi havho, na zwauri maffungo avho a do dzhiwa sa tshidzumbé.

***Hu do tevhedzwa milayo yothe i langaho vhuḏifari nga tshifinga tsha Covid-19.**

Kha vha davihidzane na riḡe kha WhatsApp: 073 505 5078

***Kha vha vhlunge nomboro kha vhuḡwamani havho. Kha vha vule vhuḡavhidzani na u thaipha "hi"
na u rumela**



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Zwine vha tea u zwi divha nga ha survey



- Heino survey i do thoma u bva nga nwedzi wa **November 2021 u swika nga nwedzi wa 30 June 2023**
- Vha vhanwe vha mita ya **32 000** kha tshivhalo tsha **2 144** small area layers (SALS) tshe tsha sokou nanguludzwa u mona na Afurika Tshipembe lothe uri vha shelemulenzhe kha survey.
- Vha tshipida tsha **vhathu vha 100 000** vhane vha **khou shelamulenzhe**, vhane vha khou lavhelelwa u farwa nyambedzano navho, vhane vha vha tshigwada tsha vhathu vha minwaha yothe.
- Heino survey i khou lavhelelwa u dzhia **45 minutes** u ya kha awara ya tshifhinga tshavho.
- Ri do ita heino survey nga luambo lwa khetho yavho.

Arali vha tshi khou toda u divha nga ha nyimele yavho malugana na HIV nga tshifhinga tsha survey:

- Vha do mbo di divha nga ha nyimele yavho na zwenezwo malugana na HIV
- Vha do wana ndingo ine ya dihwisa sa HIV rapid testing, pre-and post-test HIV counselling, khathihi na dzi referral to care, arali vha tshi dzi toda

Mbudziso dzshu dza survey dzi do vha dzo livhiswa kha zwi tevhelaho



Nyimele/Phurofaiili ya Muta wavho (Vhuhulwane ha muta)



Minwaha, mbeu, pfunzo, muholo na zwinwe vho



Vhahvigi vha mafhungo na vhudavhidzani



Divhazwakale ya vhudzekani



Ndingo dza HIV



Nyimele ya HIV



Lufhia (TB)



Vhudifari vhu tangedzeaho



Ndivho malugana na HIV na vhudifari na maitele



Ndondolo na dzilafho



Ndingo dza COVID-19+

Vhunwe vhuufari ha zwa mutakalo ho katelwa u rubiswa ha vhanna, dzindwa, u shumisa zwidzidzivadzi, u nwa halwa na mutakalo wa thalukanyo.

Kha mbudziso dzashu, ndi zwa ndeme uri vha ri vhudze nga ha vhutshilo havho, u ri vha tshilisa hani, vhudifari havho, na nga mutakalo wavho na zwinwe vho. Hezwi zwi do ri nea mafhungo a ndeme nga ha nyimele yavho malugana na HIV, nga murahu ha u humbelwa uri vha ri nee malofha avho kana dzi specimen. Specimen tsha malofha tshi wanala nga u tavha kha munwe nga nalete thukhu ya lancet uri hu do kona u itwa thodisiso nga vhuya ngei lab. Nga nnda ha specimen tsha malofha, u shelamulenzhe havho kha survey hu do vha hu songo fhelela. Kha minwe midi yo nanguludzwa, ri do vha dzhia dzi specimen dza malofha u ita ndingo dza COVID-19 antibodies. Ri do vha ri vhuponi ha havho heino vhege yothe. Arali vha tshi khou toda u bukela tshinwe tshifhinga, kana vha na dzinwe mbudziso malugana na survey; vho lunguluwa u nga kwama:

Contact us

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